

# *Sadia's Designs*

<http://www.sadiasews.com>

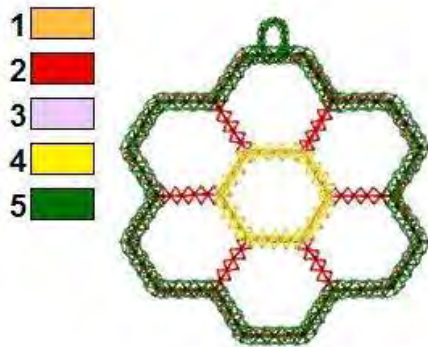
*Machine Embroidery at its finest, creating Heirlooms  
for Tomorrow*



***“SD2011”***

These designs and artwork are intellectual property of Sadia Andrews and may not be shared, distributed, copied, sold and traded without my express permission. You may stitch these designs on items for yourself or for sale but the actual design and artwork may not, in part or whole be sold or shared.

## Design Name: *sd2011fslornament:*



This is a freestanding ornament stitched out using organza fabrics to give the look of a stain glass ornament. The design can also be stitched out using other types of fabrics like silk, velvet etc.

The design is stitched out on water soluble stabilizer. I recommend using Water Soluble Vilene for stitching out the ornament.

### Color chart:

Although the color sequence chart shows five colors, the design can be stitched out using one, two or three colors, your choice.

1. Applique placement (use same color as #5)
2. Applique tack-down/embroidery stitches (same color as #5 or red)
3. Applique tack-down of center of ornament (yellow)
4. Applique of center of ornament (yellow)
5. Applique and loop at top (green or same color as #2)

### Stitching Instructions:



Fig.1

1. Hoop water soluble Vilene and stitch out the outline directly on the stabilizer. You may stitch out the ornament using one thread throughout as shown in the picture above, or you may use multi colors. Use the color which will be the final color as color #1. See Fig. 1.



Fig.2

2. Place a piece of organza on top of the placement applique stitches, making sure that the organza is large enough on all sides. You may use a color matching your organza or use one thread throughout the stitching. Fig.2



Fig.3

3. Remove hoop from machine and place on flat surface. Trim away excess fabric from the inner and outer edges of the flower. Fig.3



Fig.4

4. Place one or two layers of preferred color organza for the flower center, on top of the center area. I have used yellow. Fig.4

NOTE: One layer of organza gives a glassy effect to the ornament. Two layers give a more solid effect. Experiment to see which effect is to your liking.



Fig 5

5. Remove hoop from machine and place on flat surface. Trim away excess organza. Place hoop back in machine. Fig.5



Fig. 6

6. Use your choice of the final color and finish stitching out the design. Fig.6



Ornament stitched out using two layers of organza for the flower and the center and using three colors of thread.

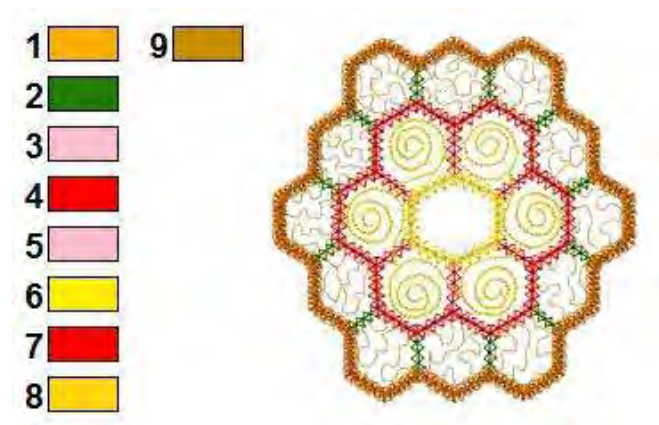


Ornament stitched out using two colors of thread and one layer of organza. Notice how the ornament looks more like glass.

*Design Name: sd2011fsla and sd2011fslb:*



The two freestanding quilt blocks create the block in the hoop, joined together simply using a zigzag stitch on your sewing machine. The designs are easy to stitch out and only need your imagination in using fabrics from your stash.



Sd2011fsla is a freestanding quilt block, mimicking the Grandmother's Flower Garden traditional quilt block. The design uses three different fabrics with the option of using three or one color threads to stitch out the design.

Colors 1 and 2: Thread 1 (green)  
Colors 3 and 4: Thread 2 (red)  
Colors 5 and 6: Thread 3 (yellow)  
Colors 7, 8 and 9: Optional-Green or yellow.

**Stitching directions:**



Fig.1

1. Hoop water soluble stabilizer. I prefer to use water soluble Vilene which is much stronger than the plastic type stabilizers. Stitch out the 1<sup>st</sup> color directly on the stabilizer. This is the placement guide for laying down the first applique fabric.



Fig. 2

2. Cut out a 5" square out of the first applique fabric. Place it on top of the stabilizer. Make sure that it covers all around the placement stitch-out.

3. Using the same color thread, stitch out the 2<sup>nd</sup> color sequence. Fig.2

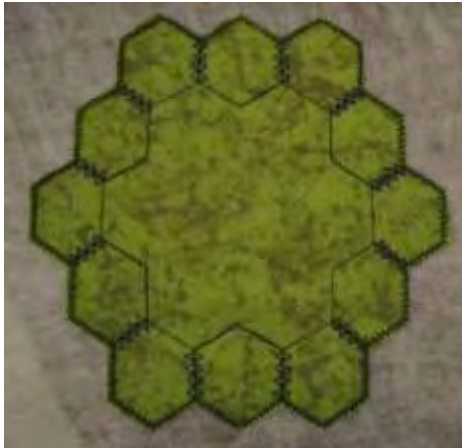


Fig. 3

4. Remove hoop from machine and lay on flat surface. Trim away the excess fabric from the outer edge of the design only. Fig. 3



Fig.4

5. Place hoop back in machine. Use the 2<sup>nd</sup> color thread (red). Cut out a 4" square piece of the 2<sup>nd</sup> applique fabric. Place it on top of the design area and stitch out the 3<sup>rd</sup> color sequence. Fig. 4



Fig. 5

6. Remove hoop from machine and trim away from the outer edge of the 2<sup>nd</sup> applique fabric. Fig. 5



Fig. 6

7. Place hoop back in machine and using the same color thread, stitch out the applique and embroidery. Fig. 6



Fig. 7

8. Place a piece of the 3<sup>rd</sup> applique fabric and use thread color 3 (yellow). See Fig. 7



Fig.8

9. Remove hoop from machine and trim away excess fabric. Fig.8

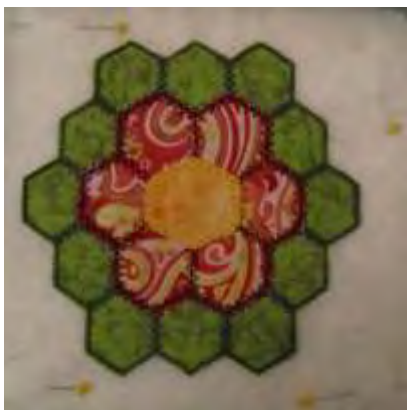


Fig.9

10. Use the same color thread (yellow) to finish off the applique. Fig. 9

11. Cut out 6" square piece of backing fabric and batting. Remove hoop from machine. DO NOT REMOVE DESIGN FROM HOOP. Making sure that the batting is between the backing fabric and the back side of the stabilizer, pin through all layers.



Fig.10

12. Place hoop back in machine and stitch out color sequence #7. This will join the block with the batting and the backing fabric. Fig. 11



Fig.11

NOTE: You may use thread #1 (green) or another color of choice.



Fig.12

13. Remove hoop from machine and lay on a flat surface. Carefully trim batting and backing fabric. Fig. 12.

14. Color sequence 8 is the swirly quilting stitch. It has deliberately been separated in case you want to use a different color thread for the quilting. In my block, I used the same color thread for all the quilting and finishing (gold).

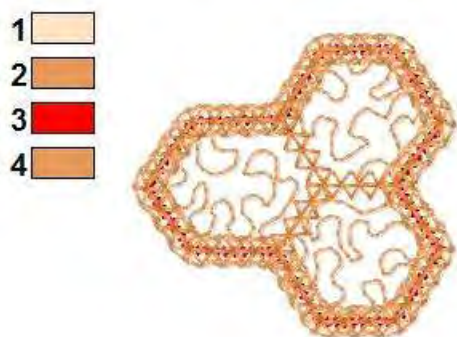


Fig.13

15. The last color stitches out the stipple quilting on the green applique fabric as well as finish stitching out the block. You may use a color of your choice or use green. It is best to plan and use a color which will match with the sd2011fslb. I used gold for the last color.

Your quilt block is complete.

**Design: sd2011fslb:**



Sd2011fslb is an inter-connector freestanding quilt block. It is also stitched out on water soluble stabilizer. The color sequence chart shows four color changes but only two are required, at the most. The block can also be stitched out using only one color.

Colors 1, 2 and 3 are all stitched out using one color. It can be any color of choice. Color 4 quilts and finishes off the block.

**Stitching out the design:**



Fig.1

1. Hoop water soluble stabilizer and stitch out the 1<sup>st</sup> color sequence directly on the stabilizer. Fig. 1



Fig.2

2. Place a piece of fabric large enough to cover the placement guide. Use same color as before stitch out the embroidery. Fig. 2



Fig.3

3. Place a piece of batting and backing fabric, larger than the stitch out area, underneath the hoop. Pin through all layers to hold together. Be careful not to place the pins near the stitching area.



Fig. 4

4. Using same color stitch out the tack down stitch. Remove hoop from machine to lay on flat surface and trim excess batting and backing fabric.



Fig. 5

5. Place hoop back in machine and either use the same color or color of choice to finish the design.

Note: it is best to use the same color thread in finishing up the blocks. This helps when joining the blocks together.

#### Joining the FSL blocks:

The two FSL blocks are joined together by a simple zigzag stitch using the same thread that was used for the finishing of the two blocks. It is a matter of choice whether or not to use the same thread in the bobbin. It is best not to wash the blocks before joining.



Trim as much of the stabilizer from around the blocks. Lay one block next to the other.



Zigzag the block using a wide enough zigzag to catch both the blocks. In this manner join as many blocks as needed.



This is how the backside of your quilt will look like.

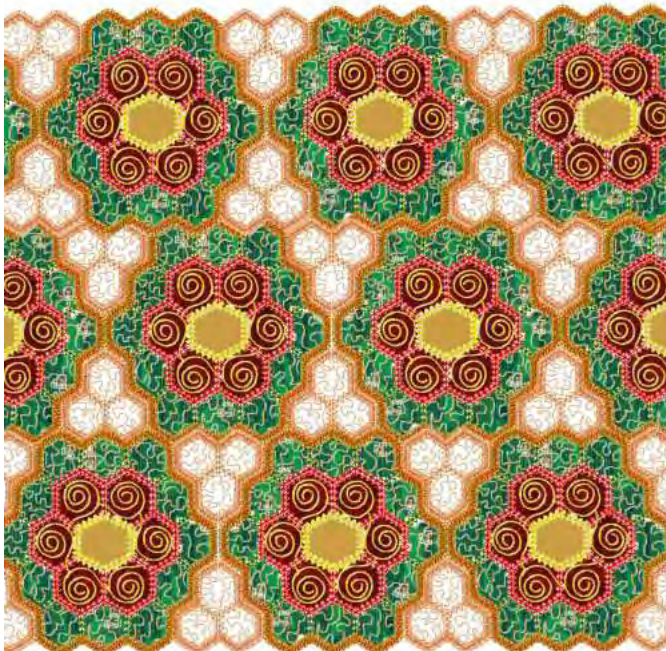


Runner made using nine fsla blocks and eighteen fslb blocks.

There are many variations that can be created using the two blocks.



A straight edge can be created by placing the fsla blocks next to each other and using the fslb blocks as the spacers. Experiment with the blocks to see how you like the placements.



## Design Name: sd2011block8x8:

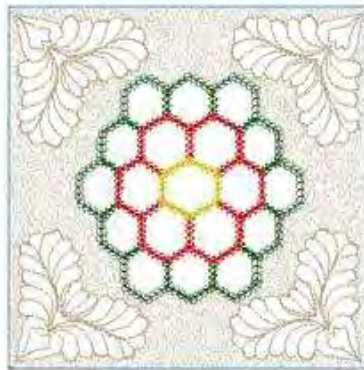
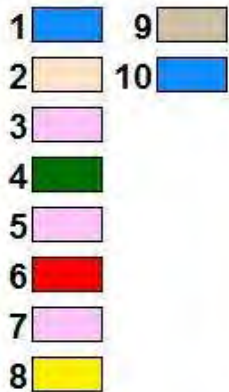


Quilting is an art that has existed since time immemorial, and there is not one quilter who doesn't covet the Grandmother's Flower garden quilt in her collection. The 8x8 and the 5x7 blocks endeavor to create the Grandmother's Flower Garden in a quilt block which is somewhat different and unique. These quilt blocks are completed in the hoop, and joined together using a fool proof method via the sewing machine.

Instructions are given for applique as well as how to join the blocks.

### Stitching out the block:

The finished block size is 7.85x7.85.



The design shows 10 color changes whereas only four colors are used to stitch out the design. Colors 1, 2, 3 and 4 are all stitched out using one color: green. Colors 5 and 6 are stitched out using red. Colors 7 and 8 are stitched out using yellow and colors 9 and 10 are stitched out using beige or color of choice for quilting.



Fig. 1

1. Hoop tear away stabilizer. Stitch out thread color # 1 directly on the stabilizer. This is the placement guide for the fabric and the finished size of the block. Lay your background fabric (9" square) directly on the stabilizer. Either use pins to attach fabric to the stabilizer or use fabric glue. Make sure to use the pins outside the stitching area (placement guide). Fig. 1



Fig.2

2. Stitch out color 2, which is the placement guide for the 1<sup>st</sup> applique fabric (thread color #1). There are three applique fabrics used in the design. Fig.2

3. Cut out a 5" strip of green printed fabric (or color of choice). Cut out a 5" square and place on top of the placement guide. You may use fabric glue to adhere it to the base fabric.

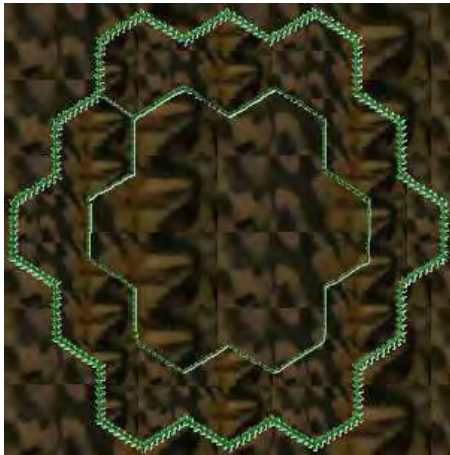


Fig. 3

4. Stitch out the 3<sup>rd</sup> color (thread color #1), to tack down the 1<sup>st</sup> applique fabric. Fig.3



Fig.4

5. Remove hoop from machine and lay on flat surface. Trim away the applique fabric from areas shown in Fig.4.



Fig.5

6. Place hoop back in the machine and stitch out the 4<sup>th</sup> color (thread color #1).



Fig.6

7. Place a 4"x4" piece of the 2<sup>nd</sup> applique fabric on top of the center area of the block. See Fig. 6. Stitch out the 5<sup>th</sup> color (thread color #2).



Fig. 7

8. Remove hoop from machine and lay on flat surface. Trim out the excess fabric as shown in Fig. 7. Place hoop back in machine and stitch out the 6<sup>th</sup> color (thread color #2).



Fig. 8

9. Place a piece of fabric large enough to cover the center of the flower (3<sup>rd</sup> applique fabric) and stitch out the 7<sup>th</sup> color using thread color #3. See Fig. 8.



Fig. 9

10. Trim excess fabric and finish stitching out the design using thread color #3.

Your flower quilt block is complete!

NOTE: You may also use one color throughout the design.



Fig.10

11. Remove hoop from machine. DO NOT REMOVE THE QUILT BLOCK. Cut out a 9" piece of batting and backing fabric and pin it to the back side of the stabilizer, making sure that it matches up with the 9" square block on top of the stabilizer.



Fig. 11

12. Place hoop back in machine and using thread #4 or thread color matching your background fabric, stitch out the color #9.

13. Using the same color, stitch out the final outline stitch around the block. This is your seam line guide.



Fig. 12

14. Trim the block from the right side. Trim  $\frac{1}{4}$ " away from the outline stitch.

15. Cut out a  $1\frac{1}{4}$ " wide strip of fabric, a bit longer than the length of the block. The strip will be joined to the right hand side of the block.

16. Place the strip right side together with the right side of the quilt back. Make sure that the strip is placed on the right HAND side of the block. In other words, when the block is placed right side up, the strip should be on the right hand side.

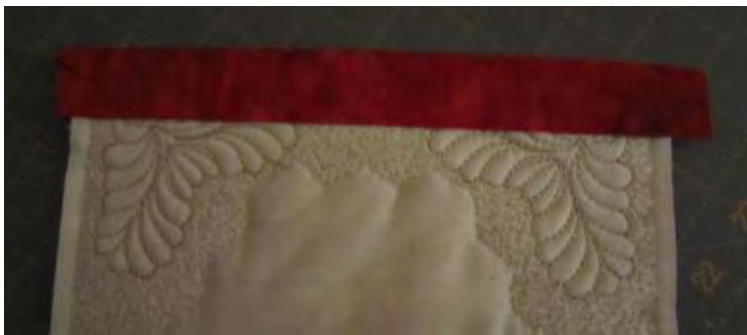


Fig. 13



Fig. 14

17. From the right side of the quilt block, and stitching directly on the outline stitch, join the strip to the block.



Fig. 15

18. Repeat steps 16 and 17 with the next block. Make sure that the strip of the next block is joined on the LEFT hand side of the block. Also make sure that the flower petals are alike. (One side has three petals and the other side only has one-see Fig. 15). Press the strip outward and away from the block. You may trim the strips to match the length of the block. Fig.16



Fig. 16



Fig. 17

19. Both the blocks will now be joined together. Place both blocks with backs together and strips matching. Stitch a straight stitch just past the  $\frac{1}{4}$ " trimmed edge, stitching together both the strips. See Fig. 17.



Fig. 18

20. Stitching the two strips together actually joins the blocks. Fold back the strips onto the right side of the blocks. See Fig. 18



Fig. 19

21. Double fold back the strips onto the blocks and pin. This makes a faux border effect and a clean join on the front and the back.



Fig. 20

22. Using a tiny blanket stitch, secure the raw turned edges of the strips to the block, through all layers. Fig. 20



Fig. 21

23. Using the same thread as the color of the fabric, stitch out a decorative stitch in the ditch. A preferable stitch is one which will catch the strips on both blocks. See Fig. 21

Use the method above to stitch together as many blocks as you prefer. Join in rows and apply the same method as shown above to join those rows.

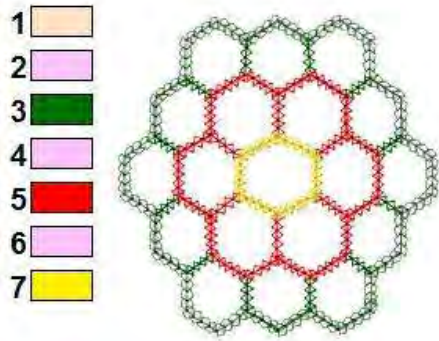


Cushion cover made using four blocks.

Tips:

1. The strips can be the same color as the background fabric if you don't want to place emphasis on the strips.
2. Use an invisible thread to stitch down the strips especially if a contrast fabric is used for the strips.
3. For a pronounced effect of the quilt motif and a faux trapunto look, use a thread color that is slightly darker than the background fabric.
4. Experiment and use a variegated thread for the quilting.

## Design Name: *sd2011applique:*



The applique block is great for users with a 5x7 hoop and instructions are given for the applique technique as well as how to incorporate the design into a quilt block.

Although the color chart shows seven color changes, only three threads are needed to stitch out the design.

Colors 1,2 and 3 use thread color 1 (green in this case), colors 4 and 5 use thread color 2 (red) and colors 6 and 7 use the thread color 3 (yellow). You could also stitch out the design using one color throughout.



Fig.1

1. Hoop tear away stabilizer. Cut out a piece of quilt block fabric 7" square. Fold it in fours and press. This will mark the center and now you can open and place the fabric on top of the hooped stabilizer and match the horizontal and vertical creases to the hoop centering marks. Stitch out the first color. This is the placement guide for the first applique fabric. Use thread color 1.



Fig.2

2. Place a 5" square piece of applique fabric on top of the quilt fabric making sure that it covers the design area. Fig. 2



Fig.3

3. Stitch out the 2<sup>nd</sup> color (applique trim) using the same thread. Remove hoop from machine and lay on flat surface. Trim excess fabric as shown in Fig. 3.



Fig.4

4. Place hoop back in machine and stitch out the applique and the motif embroidery. Fig. 4.



Fig.5

5. Place a 4" square piece of 2<sup>nd</sup> applique fabric on top of the design, making sure that it covers the center area on all sides. Fig. 5



Fig.6

6. Using thread color 2 (red) stitch out the applique trim on the applique fabric. Fig. 6



Fig.7

7. Remove hoop from machine and lay on flat surface. Trim away excess fabric as shown in Fig. 7.



Fig.8

8. Place hoop back in machine and using same color as before stitch out the applique and embroidery as shown in Fig. 8.



Fig.9

9. Place a small piece of the third applique fabric on the next and last applique as shown in Fig. 9.



Fig.10

10. Using thread color 3 (yellow), stitch out the applique trim stitch. Remove hoop from machine and trim excess fabric.



Fig.11

11. Place hoop back in machine and finish stitching out the applique stitch using the same thread color (yellow). Your applique is now complete.

Note: for an interesting look, cut out four 4" squares from two almost alike fabrics. Stitch the squares together to give a different look to the quilt fabric.



12. Trim each block to 6 1/2" and use the technique shown in the 8x8 block for joining with strips.

\*\*\*\*\*

